

Anne Blumer, CPO®

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Professional Summary

Certified Professional Organizer® with nonjudgmental and confidential work ethic. Brings proven 5 Steps to Organizing® solutions and productivity strategies to leaders, professionals, individuals, and families.

Expertise

ADHD Organizing Coaching	Productivity
Clearing Clutter / Downsizing	Space Planning
Paper/Time Management	Student Organizing

Summary of Accomplishments

Founder | [SolutionsForYou, Inc.](#) | provided organizing services to 500+ clients

Founder | [Institute for Professional Organizers™](#) | trained 400+ students

Author | [Get Rich Organizing](#)

Co-Author | [Get Organized Today!](#)

[Public Organizing Speaking Events](#)

Memberships

[National Association of Professional Organizers \(NAPO\)](#) 2003-Present

[NAPO Oregon Chapter](#) 2003-Present

National Study Group on Chronic Disorganization (NSGCD) 2004-2009

NAPO Golden Circle 2008-Present

[Institute for Challenging Disorganization \(ICD\)](#) 2011-Present

Industry Volunteer Service

ICD Board of Directors, Treasurer 2014-2016 term

NAPO Education Quality Assurance Director 2009

NAPO Technology Committee 2007

NAPO Oregon Board of Directors, Immediate Past President 2007-2009

NAPO Oregon Board of Directors, President 2006-2007

NAPO Oregon Board of Directors, Vice President/Director of Membership 2005-2006

NAPO Oregon Board of Directors, Secretary 2003-2005

Awards

NAPO Oregon President's Award 2009

Credentials

Certified Professional Organizer CPO® [BCPO](#) 2007-2014

[GO System](#) Trainer and Consultant 2009

Certified [Freedom Filer](#) Consultant 2008

[Coach Approach for Organizers™](#) Training Program 2007

ICD Level II ADD Specialist Certificate 2007

ICD Level II Chronic Disorganization Specialist Certificate 2006

ICD Certificate of Study in Basic Hoarding Issues with the CD Client 2014

ICD Certificate of Study in Learning Styles and Modalities 2006

ICD Certificate of Study in CD Client Administration 2005

Technical Skills

QuickBooks, Quicken, Microsoft Office

Education

B.A. Organizational Communication, Marylhurst University 2001

Prior Experience

Mentor Graphics Corporation, Human Resources Benefits Manager 1988-2001

- Project Team Member | Child Development Center
- Business Systems Analyst | SAP HRIS implementation
- Corporate Team Leader | Mergers and Acquisitions

Continuing Education

NAPO	Annual Conference – New Orleans, Louisiana	2013
NAPO	Annual Conference – Baltimore, Maryland	2012
NAPO	Annual Conference – San Diego, California	2011
NAPO	Annual Conference – Columbus, Ohio	2010
NAPO	Annual Conference – Orlando, Florida	2009
NAPO	Annual Conference – Reno, Nevada	2008
NAPO	Annual Conference – Minneapolis, Minnesota	2007
NAPO	Leadership Forum - Boston, Massachusetts	2006
NAPO	Annual Conference – Boston, Massachusetts	2006
NAPO	Leadership Forum – San Diego, California	2005
NAPO	Annual Conference – San Diego, California	2005
NAPO	Annual Conference – Denver, Colorado	2003
ICD	Advanced Hoarding	2014
ICD	Understanding the Clutter Hoarding Scale	2014
ICD	Digital Organizing and the CD Client	2014
ICD	CD & Teams: Making It Work at Work	2014
ICD	What Organizers Need to Know About Executive Function	2014
ICD	The Assumptions Time Management Advisors Make	2013
ICD	Sustaining Client Success	2013
ICD	Basic Understanding of the Legal Aspects of Hoarding	2012
ICD	Executive Function: Visually Mapped	2012
ICD	Introduction to Hoarding	2012
ICD	Introduction to Life Transitions	2012
ICD	Is Your Client a Compulsive Buyer?	2012
ICD	Oddities, Dramas & Fears: Understanding Personality Disorders	2012
ICD	Scrapbook Horrors Turned into Reminiscence Value	2012
ICD	Strategies for Overcoming ADHD Organizational Challenges	2012
ICD	The Assumption of Order	2012
ICD	Using the Small Steps of Kaizen to Challenge Disorganization	2012
ICD	Hoarding Research Update	2011
ICD	Tales from the Trenches: Looks Like Hoarding, Is it really Hoarding	2011
ICD	The Possession Cycle	2011
ICD	At Your Wit's End	2008
ICD	Basic Personal Safety with CD Clients	2008
ICD	Conscious Consuming: Empowering Ourselves & Modeling for Others	2008
ICD	Establishing Successful Client Relationships	2008
ICD	Establishing Successful Client Relationships (ADM-110)	2008
ICD	Storage Units Pros and Cons for CD Clients	2008
ICD	Strategies for Working with Adult Clients with Asperger's Syndrome	2008
ICD	Understanding the Mind Styles Model of Learning/Processing	2008
ICD	8 Processing Modalities for ADD and CD Clients	2007
ICD	ADD and ADDiction (ADD-260)	2007
ICD	ADD/CD and the Organizing Process	2007
ICD	Assisting Clients with LD in Adulthood	2007
ICD	Introduction to Compulsive Hoarding (HRD-100)	2007
ICD	Letting Go: The Process & Meaning of Dispossession in the lives of Consumers	2007
ICD	Normalizing ADD	2007
ICD	Storage Units: Pros and Cons for CD Clients	2007
ICD	Trends in ADD and LD in the Educational Setting	2007
ICD	Assisting the CD Client with Diabetes	2006
ICD	Creating Successful Study Environments for Students	2006
ICD	Heirs of the Chronically Disorganized	2006
ICD	Strategies and Resources to Assist Clients with Recycling	2006
ICD	Support for the Clutters: Understanding 12 Step/Help Groups	2006

Continuing Education

ICD	Children and Adolescents and ADD	2005
ICD	Identifying & Locating Additional Client Services to Assist your Elderly & Physically Challenged Client	2005
ICD	Overview of OCD Hoarding	2005
ICD	Resources for Investigating Physical and Mental Health Conditions Affecting CD Clients	2005
ICD	Running a Clutter Support Group	2005
ICD	Strategies for working with the CD client with depression	2005
ICD	Structure and Time Management Skills for the Adult and Teen ADD/CD Client	2005
ICD	Basic Chronic Disorganization (CD)	2004
ICD	Boundaries and Ethics	2004
ICD	Developing Time Management Skills for CD/ADD Client	2004
ICD	Introduction to Learning Styles and Differences	2004
ICD	Organizing for Personality Types	2004
ICD	Safety	2004
ICD	Strategies and Solutions for the CD	2004
ICD	The Mindset of the Messie	2004
ICD	Trends in ADD/CD Client Work	2004
ICD	Working with Auditory Learners	2004
ICD	Working with CD Adults with ADD	2004
ICD	Working with Kinesthetic Learners	2004